

Student Equipment Check List

Program Description:			
Venue		Date(s):	
Terrain / Vegetation		Likely Weather:	
INDIVIDUAL ITEMS	Notes	Compulsory Items	Packed Y/N
Hiking Pack	60Lt minimum hiking pack with waist belt	Y	
Hiking boots / Shoes	Closed toe shoes	Y	
Water Shoes	Closed toe shoes	Y	
Spare change of clothes	Spare shirt and pants		
Hat		Y	
Sunscreen		Y	
Insulating Layer	Thermal top and bottom for cold weather/wet programs		
Raincoat with hood	Must be water proof (no ponchos)	Y	
Rain pants			
Gaiters			
Spare socks	One for each day		
2 x 1.5ltr Drink Bottles	More water may be required	Y	
2 large garbage bags	Used as a pack liner and waterproofing	Y	
Torch	Preferably a head torch	Y	
Whistle	On cord secured to pack	Y	
Pen and notebook		Y	
Small first aid kit	With blister kit	Y	
Cooking utensils		Y	
Pot and pan		Y	
Sleeping bag	-2 minimum rating	Y	
Sleeping mat	Closed cell/foam or lightweight & insulated inflatable mat	Y	
Cover of sleeping mat	Water proof bag for sleeping mat if carried on outside of pack		
Personal medication		Y	
Food	See food Plan	Y	
Spare glad bags			
Map Case / Map	Supplied by RSS		
Spare Shoes	Optional! NO THONGS!		
GROUP or INDIVIDUAL EQUIPMENT			
Tent	2 walled tent (no bivvy or tarps)	Y	
Pot and pan set		Y	
stove		Y	
Gas for stove		Y	
Matches		Y	
Cleaning equipment	Pot cleaner and detergent		
Toilet Trowel			
Toilet Paper	Not baby wipes!	Y	
Rubbish bag		Y	
Water purification	Iodine, puri-tabs or aqua tabs	Y	